

**OASIS HIGH SCHOOL
ATHLETIC DEPARTMENT
2019 - 2020
STUDENT-ATHLETE HANDBOOK**



LEAD AND SUCCEED

Adopted – August 2012
By the Principal & Director of Athletics
Revised: July 22, 2019
This version supersedes all previous handbooks.

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A MESSAGE TO THE PARENTS OF THE STUDENT ATHLETES

Your child has chosen a difficult and rewarding endeavor. It is an individual's choice to participate in athletics, but the choice affects the entire family in many ways. There will be late dinners after games, sore bones and muscles after practice and competitions. You will find that your child will learn to be a member of a team working toward a common goal, to accept victory and defeat as a learning process, to take pride in their accomplishments and to persevere when the activity becomes difficult.

It is our intent as a school athletic opportunity to maintain a program that is sound in purpose and will further each student's educational maturity. A student who elects to participate in athletics is voluntarily making a choice of self-discipline and self-responsibility. These are the reasons we stress good training habits and preparation for athletic events. Attaining this goal should be a cooperative effort by all involved.

As educators, we find that students involved in extracurricular activities have fewer discipline problems in school and put free time after school to constructive use, and as a result, have fewer problems in the community. When your child elects to participate in one of our sports programs, we feel there is a commitment to certain responsibilities and obligations. This is our opportunity to acquaint you with specific policies necessary for a well-organized program of athletics. Please read this carefully and share this handbook with your child frequently.

Any parent that chooses to interfere with game play in a derogatory manner through verbal or physical contact with a game official, coach, or student- athlete will be asked to leave the area of competition immediately. Any and all concerns/complaints shall be done so through written contact to the school's athletic director and/or school principal. We expect all parents to exercise the same level of sportsmanship as our student-athletes. Remember, a parent's behavior, home or away, reflects Oasis High School and sends a message we do not condone.

Parents who interfere with game-play risk game cancellation by the game officials. Proper authorities (i.e. police) will be called by on-site Oasis staff. A first-time offense will result in a one-game suspension followed by a school-year ban for the second offense. Violators will be subject to host school's procedures/policies for actions at away games/matches.

OASIS HIGH SCHOOL LEADERSHIP

Athletic Director	Frank Haba	541 – 1167 Ext. 451
High School Principal	Dr. Christina Britton	541 – 1167 Ext. 406
High School Assistant Principal	Tod Baldwin	541 – 1167 Ext. 408
High School Assistant Principal	Tim Loughren	541 – 1167 Ext. 473
Superintendent	Jacquelin Collins	424 – 6100

VISION

Oasis High School strives to be the premier athletic program in the state of Florida.

MISSION

Oasis High School Athletic Department is committed to offering high-quality athletic programs to its student-athletes that promote personal development, encourages teamwork, and teaches important life skills for becoming an essential part of the community.

PHILOSOPHY OF ATHLETICS FOR OASIS HIGH SCHOOL

Athletics at Oasis High School are viewed as an integral part of the total educational process. Participation in extracurricular activities is encouraged and strictly voluntary, yet a privilege to be cherished by the student-athlete and parent. Every member of our athletic department will be treated with respect, and in return we expect the same level of respect towards those who choose to lead and educate our student-athletes. Oasis believes lessons learned from participation in athletics greatly contribute to the student's ability to be successful while in school and after graduation.

OBJECTIVES

Physical

- To provide opportunities for students to reach improved fitness levels.
- To provide opportunities for students to further enhance skill level development.

Social

- To provide opportunities for positive interactions in a fun filled environment wherein leadership, sportsmanship, and fair play can be developed.
- To develop a better cooperative and harmonious relationship among students regardless of race or sex.

Emotional

- To provide students a healthy emotional setting where self-image can be enhanced and stress can be released in a positive manner. Good sportsmanship will be stressed.

Mental

- To increase student knowledge of rules, terminology, strategies, and basic tournament organization.

Educational

- To promote teamwork, self-discipline, dedication, commitment, and self-reservation.

STUDENT ATHLETE EXPECTATIONS

Student Insurance and Safety

Student's **MUST** provide proof of insurance before participating in any tryout, practice, or athletic contest. Students not covered by their family's accident insurance plan, will not be eligible for participation. Students will **NOT** be allowed to participate in athletics until they have the completed all FHSAA mandated waivers and physical forms and the forms are on file with the Athletic office. Any form other than the FHSAA document, such as a Florida Department of Health form, will **NOT** be accepted.

Families in need of student accident insurance are encouraged to visit www.healthykids.org to fulfill the requirement.

Student Eligibility

All students are held to eligibility standards created by the FHSAA that may not be listed below. Oasis High School has the right to enhance the current FHSAA eligibility requirements, but not diminish.

- For extramural competition, a high school student may be in any grade level 9 through 12.
- Students must try-out during the preseason try-out schedule before participating in athletic competition.
- Students occupied by a previous season's sport schedule must notify the Athletic Director and the head coach of the upcoming season in writing of their intent to try out prior to the conclusion of the scheduled tryouts.
 - No students may be added to a competitive roster once the final roster has been posted or after the first scheduled competition, unless the student has transferred to OHS (please see Good Cause procedures).
- Students who have been internally suspended are prohibited from starting in the following scheduled athletic contest. Students externally suspended or expelled from school are prohibited from attending and participating in practices or games during the period of the suspension.
- Students that are serving a FHSAA imposed suspension may not be allowed at athletic contests, may not wear a uniform, or be on or near the team's bench.
- Students must have a minimum cumulative grade point average of 2.0 to be eligible for athletic participation during the current/following school semester/sport season.
- A student, who begins the sport season ineligible, will remain ineligible throughout that entire sport's season.
 - A student may lose their eligibility mid-season should they fall below the required 2.0 GPA mark.
- Incoming 9th grade students will receive a one-semester GPA grace period during their first semester as a student at Oasis High School.
- Students must maintain a quarterly 2.0 GPA while in-season or face academic suspension.
 - It is the responsibility of the Coach and Athletic Director to certify that all participants have met the 2.0 grade point average requirement prior to the sport season and weekly throughout said season.
 - Mandatory grade checks will be conducted each week throughout the sport season.
 - The first check will be conducted on the Monday, one week prior, to the first scheduled competition.

- Grade checks will continue each week on the first day of the school week throughout the season.
 - Students who fall below a 2.0 GPA per the weekly grade check will be ineligible for all athletic events that transpire during the current school week – Monday through Saturday.
 - Students will have an opportunity to regain their academic eligibility when a grade check is conducted the week following the academic suspension.
- A student may participate at the high school level until the age of 19 years 9 months.
- A high school student will have four (4) years of consecutive eligibility. If the four (4) years of eligibility expires while a student is still in-season, he/she will be allowed to complete their sport's season but will not be eligible for the next sport season.
- Transfer students may be allowed to participate in athletic competition under certain circumstances set forth by the FHSAA. Notification needs to be made to the Athletic Director and Principal before arrangements are made or before the student is allowed to participate in any form of try-out/practice/competition.
- All students are subject to eligibility requirements set forth by the FHSAA not mentioned above.

Student Uniform, Attire and Equipment

Athletes and their parents are responsible for Oasis equipment and uniform(s) that is not turned back into the coach at the end of the season. Coaches will take inventory at the beginning and end of their season. Athletes are required turn in all school owned equipment and uniforms at the conclusion of the sport season or be subject to school "fees and fines" unless the missing items are paid for by the individual.

- The replacement fee for any damaged or lost items will be two times (double) the initial purchase amount.
- All participants will wear appropriate clothing for their sport. The individual uniform will be specified in the description of each sport. Appropriate footwear must be worn in every sport dependent upon playing surface. Student-athletes are allowed to wear a coordinated team t-shirt/spirit wear one time per week on a **HOME GAME DAY ONLY!** Any exception is only permitted with the prior approval of the principal (example: post-season district play). Team uniforms are never to be worn during school hours.
- Team t-shirt will be decided upon by the head coach (with input from team should the coach decide). Regular school uniform shall be worn from the waist down.

Attendance: Practice, Competition and School

Attendance at all scheduled practice sessions and competitions are mandatory, unless excused by the coach.

- A student must be in school a minimum of three (3) **full** blocks/periods or three-quarters of the school day in order to participate in an athletic event or practice scheduled for the same calendar day. Athletes that do not meet this expectation must have a physician-signed medical excuse in order to participate.
 - Extenuating circumstances to the attendance requirement may be considered by the Athletic Director and/or Principal.
 - Unexcused absences from practice or competition may lead to disciplinary action or could lead to suspension/removal from the team which is determined by the Athletic Director and/or Head Coach.
- A late return to school from an away contest does not grant the student-athlete an excused absence from the following school day by the athletic department. Regardless of a late return, all student-athletes are expected to attend the following school day on time.

- Student-Athletes **MUST** achieve active participation throughout their daily academic schedule. This includes “dressing out” for PE and remaining attentive during classroom instruction.

School discipline: Practice and Participation

Student-athlete behavior both on and off the field/court/track plays an important role in an athlete’s success. Students who misbehave at school, or at school-related functions, may jeopardize their participation in athletics. Coaches may choose to address school-related discipline concerns through non-participation in practices and/or games. School leadership may determine levels of participation when assigning consequences for any school-related offenses.

Vaping: any student-athlete caught vaping on campus or at a school sponsored event shall be suspended from participating in the following athletic contest.

Unsportsmanlike Behavior

The conduct of any Oasis High School athlete shall bring no discredit to the athlete, parent(s), teammates or school. Student-athletes are held to the highest of standards while representing Oasis both at home and as a guest of another school. This includes behavior and actions both on and off the playing field/court that are considered as acts of malicious or hateful in nature towards an official, opponent, teammate, coach, spectator, or facility will be subject to both school and athletic disciplinary measures and/or removal from a team.

- Student-athletes may not be allowed to practice with the team during any coach/Athletic Director determined suspension and will not be granted access to the team bus, bench, or uniform throughout the suspension. Student-athletes removed by the coach, Athletic Director, or Administration may not be granted access to any or all remaining team functions (i.e. practice, contest, end of year ceremony, etc.)
- A student’s classroom behavior will be dealt with on a *per incident* basis by School Administration, and discipline received may or may not have an impact on student-athlete activities. Students may or may not receive additional discipline from a coach if action from School Administration is assigned.
 - Discipline may include: additional team maintenance duties and/or the suspension from practice and/or scheduled contests.
- In the event that student-athlete receives an unsportsmanlike conduct behavior penalty/foul during an athletic contest and Oasis High School is subsequently levied a fine from the FHSAA, it is the responsibility of the student-athlete and/or his/her family to satisfy the payment of the imposed fine.

Quitting a Sport

If a student-athlete decides to quit a sport after the first scheduled contest, he/she **must** meet with and give a written explanation to the coach *and* athletic director.

- If a student quits during a season, he/she may not tryout/participate in the following sports season. Should a student decide to quit a sport after the first two (2) weeks of practice, as designated by the coach’s schedule, he/she would be ineligible for any other sport already in progress. Students must decide between two sports that share the same sports season.

Playing Time

During regular and post season competition all athletes will not receive the same amount of playing time, if playing time at all. All coaches want their student-athletes to receive playing time; however, there is no guarantee of playing time in any contest. Any conversation about playing time should be held between the student-athlete and the coach.

Varsity Awards

Each head coach will create the criteria specific to their team which is necessary for a student-athlete to acquire a varsity letter each season. These criteria may vary from team to team and season to season. Upon completion of a student-athlete's first varsity season, they shall receive a varsity "O" chenille letter, given all criteria created by the coach is met. Student participating on sub-varsity teams are not eligible for a varsity letter.

- JV Participant: Certificate of Recognition
- First Varsity Sport: Certificate of Recognition, chenille letter, and sport-specific pin
- Second Varsity Sport: Certificate of Recognition and sport-specific pin

Varsity Letterman jackets can be purchased through the Athletic Department via the Athletics website.

- Students, who do not finish a season, do not follow team rules/policies, or lose academic eligibility are not eligible for a varsity letter at the awards ceremony.

PARENT/COACH RELATIONSHIP

Both parenting and coaching are extremely difficult vocations. By establishing an understanding of each position, we are better able to accept the actions of the other and provide greater benefit to children. As a parent, when your child becomes involved in our program, you have a right to understand what expectations are placed on him/her. Clear communication from the coach is imperative.

Communication Expected from Coach to Parents

- Coach's philosophy
- Expectations for your child as well as the entire team
- Locations and times of all practices and contests
- Team requirements (such as special equipment, off-season workouts, etc.)
- Procedures to follow in case of an injury
- Player issues that will result in denial of participation

Communication Expected from Parent to Coach

- Notification of any schedule conflicts well in advance (i.e. college visit).
- Specific concerns regarding expectations
- Specific concerns regarding your child's health

As your child becomes involved in the programs at Oasis High School, he/she will experience some of the most rewarding moments in his/her life. It is important to understand that there may be times when events, situations, or rulings will not go the way you or your child wish. At these times, discussion with the coach is encouraged.

There are situations that may require a conference between the coach and the parent. Conferences are encouraged. It is important that both parties involved have a clear understanding of the other's position.

Guidelines for Contacting the Head Coach

Email the head coach. Parents should always give the head coach an opportunity to address the concern before administration is contacted. Contacting the assistant coach will make your displeasure known but the ultimate chance at resolution lies with the head coach as all major team-related decisions are his/hers to make. If the coach does not return communication within twenty-four (24) hours, contact the Athletic Department. **DO NOT** attempt to confront a coach before or after a contest or a practice! These can be emotional times for both the parent and coach. Meetings of this nature generally do not promote resolution.

If the issue remains unresolved, please call and set up an appointment with the Athletic Director to discuss the situation. At this meeting, the appropriate next step can be determined. If the situation is still unresolved, a meeting can be arranged with the Principal, Athletic Director, and coach.

Coaches are not permitted to text message one on one with a student-athlete, and in return, a student should not be sending text messages to a coach. However, coaches may send text messages to a group of students to inform the "group" of last-minute changes and updates to practice schedules, bus departures, and pertinent game information.

TRANSPORTATION

Oasis buses will be used to transport student-athletes to and from all away contests. It is Oasis High School policy that all students travel to their interscholastic competitions as a team. Students are to maintain proper behavior while traveling to and from competition.

- All students are required to utilize school-provided bus transportation to all athletic contests per Lee County Policy.
 - If a parent chooses to transport their own child home after the contest has concluded, it is **MANDATORY**, for the child's safety, that the parent sign out the student-athlete through the coach prior to departure.
- Students who transport themselves to and from practice must have an Oasis Athletics Transportation Waiver signed by a parent/guardian before personal transportation is allowed. Personal transport to away contests is rare, but would require the same waiver to be signed.
- Advance notification is required when parents are transporting other athletes home from a competition.
- It is vital that parents be on time when picking up their child from Oasis High School following an away competition. Students are informed to contact parents en route to Oasis HS in order to ensure a quick departure for both coaches and athletes.
 - Failure to pick up your child in a timely manner after two consecutive away competitions may result in a one-game suspension for the student during the next scheduled away contest.

TICKET AND ADMISSION INFORMATION

Shark Gate Admission (all home contests)

Adults: \$5.00 Students: \$3.00 Senior citizens (65 and above): \$3.00

VOLUNTEER OPPORTUNITIES

Volunteer hours will not be granted at the gate. Parents are encouraged to visit the Oasis Athletic Department website → Volunteer Opportunities for their chance to get involved and earn hours. Volunteers must have an approved City of Cape Coral Charter School Volunteer form on file in order to sign up and earn hours.

<http://www.oasishighschool.net/athletic-department-volunteers>

SOCIAL MEDIA

Oasis High School student-athletes are expected to conduct themselves appropriately and use social media in a responsible, appropriate manner. Inappropriate use of social media as deemed by the Oasis High School Leadership team may result in disciplinary action.

The Athletic Department maintains Facebook and Twitter feeds to keep parents and students connected to their athletic department. Periodically scheduled updates and announcements will be posted to these social media outlets.

- Facebook: **Oasis HS Athletics**
- Twitter: **OasisHS_AD**

ATHLETIC PROGRAMS OFFERED AT OASIS HIGH SCHOOL

BOYS

Football
Cross Country
Golf
Wrestling
Swimming
Basketball
Soccer
Tennis
Track & Field
Baseball
Cheerleading

GIRLS

Volleyball
Cross Country
Golf
Swimming
Basketball
Soccer
Tennis
Track & Field
Softball
Cheerleading

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Verification of Agreement

Please sign and return to your head coach immediately.

I, _____ have read the above Oasis High School Student-Athlete Handbook for the 2019 – 2020 school year and understand what the expectations are of me as a member of the Oasis student-athlete body. I agree to uphold and follow the policies described within and understand that any violation can and will result in actions by the Coach, Athletic Director, and/or School Administration.

Student-Athlete Signature: _____

Date: _____

Parent Signature: _____

Date: _____

This agreement will be held in the Oasis High School athletic office for the duration of your current sport season. This agreement applies to all Oasis High School sports participation for the 2019/2020 school year.