

Name:

Grade:

Sports:

SHARKS ATHLETE CHECKLIST

FHSAA FORMS

FORMS REQUIRED BY FHSAA

- ☐ EL2 - SPORTS PHYSICAL (2-3 PAGES)
- ☐ EL3 - LIABILITY FORMS (4 PAGES)
- ☐ GA4 - TRANSFER STUDENTS ONLY
- ☐ FHSAA COVID -19 WAIVER

OASIS FORMS

OASIS ATHLETIC FORMS

- ☐ ATHLETIC EMERGENCY CARD
- ☐ TRANSPORTATION WAIVER
- ☐ ATHLETIC HANDBOOK SIGNATURE PAGE

NFHS LEARN

REQUIRED ONLINE TRAINING

- ☐ CONCUSSION FOR STUDENTS
- ☐ CONCUSSION IN SPORTS
- ☐ HEAT ILLNESS PREVENTION
- ☐ SUDDEN CARDIAC ARREST

NFHS REQUIRED COURSES

FHSAA REQUIRED COURSES

As per FHSAA Policy, all student-athletes and coaches are required to annually complete the following NFHS Learn courses before participation.

All courses are FREE.

- Concussion in Sports
- Concussion for Students
- Heat Illness Prevention
- Sudden Cardiac Arrest
- Covid-19 for Coaches and Administrators "New"

OPTIONAL COURSES

The following courses are not required per FHSAA policy, but are highly recommended.

- ACL Injury Prevention
- Appearance and Performing Enhancing Drugs and Substances
- Sports Nutrition
- Student Mental Health and Suicide Prevention
- Understanding Vaping and E-Cigarettes

LOGIN

Step 1: Go to www.nfhslearn.com

Step 2: If you do not have an account, "**Register**" for an account.

Use your legal FIRST and LAST name (no nicknames)

Use your "-----@oasishs.org" email address,

select "OASIS CHARTER HIGH SCHOOL" as your school complete the rest of the required information.

COMPLETE YOUR COURSES

Step 1: Sign in to your account using your school e-mail address and password you provided at time of registering for an nfhslearn account.

Step 2: Click "**Courses**" at the top of the page.

Step 3: Scroll down to the specific course from the list of courses.

Step 4: Click "**View Course**".

Step 5: Click "**Order Course**."

Step 6: Select "**Myself**" if the course will be completed by you.

Step 7: Click "**Continue**" and follow the on-screen prompts to finish the checkout process.

Note: There is no fee for these courses.

BEGINNING A COURSE

Step 1: Go to www.nfhslearn.com

Step 2: "**Sign In**" to your account using the e-mail address and password you provided at time of registering for an nfhslearn account.

Step 3: From your "**Dashboard**," click "**My Courses**".

Step 4: Click "**Begin Course**" on the course you wish to take.