

# OASIS HIGH SCHOOL CHEERLEADING PLAYER/PARENT INFORMATIONAL MEETING

20 February 2020

## 1. Tryout information

a. *(For all athletes, regardless of which seasons they want to cheer for):*

- i. Tryouts will be scheduled for small groups once required paperwork is turned in. 15-minute time slots will be available starting on Wednesday, March 11th.
- ii. Tryout material will be posted on the BAND APP for Oasis High School Cheerleading. All posted material plus 2 jumps, tumbling and a spirit poster are scored for tryouts.
- iii. Teacher Evaluations from all core teachers are also required for each athlete.

b. *(For male athletes only)*

- i. Male athletes do not dance on this team, so they will not be scored on that.
- ii. Male athletes will come to a 2-day session to learn partner stunts and will tryout with the partner they practiced with.

## 2. Tryout requirements:

a. **2.0** cumulative GPA

b. **Required / Mandatory FHSAA and Oasis High School paperwork** and course completion on file with Oasis High School Athletic Department.

i. All paperwork can be found on the Athletics page of the Oasis HS website

<http://www.oasishighschool.net/fhsaa>

1. EL2 (Physical)
2. EL3 (Consent & Release from Liability Certificate)
3. OHS Emergency Card
4. Student-Athlete Handbook Acknowledgement
5. Transportation Waiver

ii. Must be submitted and on file with Oasis High School (Coach Haba) no later than 1:35pm Thursday, 28 February 2020. If deadline is not met and/or all required paperwork is not properly filled out and on file with OHS by given deadline, student-athlete is not permitted to participate in tryouts.

c. **NFHS Required Video Courses on NFHSLearn.com**

- i. NFHS Concussion Course
- ii. NFHS Heat Illness Course
- iii. NFHS Cardiac Emergencies
  1. Set up your account using your school email
  2. Use your full First AND Last Name
  3. Select "Oasis Charter High School" as your school
  4. In the "Courses" tab, find the above courses and select "purchase" (the cost is \$0)
  5. Complete all 3 courses and notify Coach Downey that they are complete or print your certificates and turn them in.

### 3. 2020/21 Season:

- a. Our cheer season runs from March 2020 through February 2021. Most of the month of June is off this year, and practices during school holidays will be minimal.
- b. Regular game season for the fall schedule begins in August (schedule will be posted when available)
- c. Other spirit events such as Pep Assemblies, parades, and stunt tournaments will be added as the dates become available. Ample notice will be provided prior to adding any additional events.

### 4. Practice details:

- a. Practice, Games, & Team Events
- b. Practice is mandatory
- c. Impossible to become a better team if everyone is not present
- d. If you are tardy or absent from practice it will impact your playing time
- e. Emergencies, Illness, Injury and Academics: **A coach must be notified for missing or being tardy to a team event ASAP!**
- f. Daily practice attendance is not optional
- g. Possible Friday night practice TBD. Will be communicated one week in advance
- h. No practice on Game Days, in the event a game is cancelled, we will have practice instead.
- i. Student-athletes must be present to school for  $\frac{3}{4}$  of their classes. If not, they may not participate in sports after school. If they have a doctor's appointment during school hours, please bring a note to excuse them from that time

### 5. Player expectations: (not limited to the following)

- a. Dedicated both academically and athletically.
- b. "Team First" attitude / willing to sacrifice.
- c. Committed to giving no less than 100% effort on the mat and in the classroom every day.
- d. Arrives to school **on time, every day.**
- e. Is willing and wanting to "Lead and Succeed" in school and out of school.
- f. 100% effort on the mat and in the classroom.
- g. Respect and trust your teammates
- h. Represent the program and community in a positive manner.
- i. Follow the Rules, ALL OF THEM. This applies to the team, school, state and national rules. You don't get to pick which ones you want to follow and which ones you don't.
- j. **JEWELRY IS NOT ALLOWED** – at any time in uniform or at practice. This is a national rule as well as state and local. Do not get a piercing before camp, it will have to be removed.
- k. Be Coachable.

### 6. Parent expectations:

- a. Cheer for your athlete/team.
- b. Do not use negative or taunting words or gestures towards any officials, coaches, athletes or team(s).

- c. Refrain from entering the performance area to include seated area when they are cheering at a game.
- d. Help maintain your athlete's academic performance. **Athletes will be benched with a "D" or below until the grade is up.** Remember they are STUDENTS first.
- e. Communicate injuries/appointments with the head coach (via email).
- f. Be a positive example at games, remember you represent the program as well.
- g. Encourage and support ALL players on the team.
- h. Trust the coaches and school to do what is right for your athlete as a person and player. As a coach we have the player and entire program in mind when making decisions. We are all on the same page.
- i. **Performance time, positions, and strategy will not be discussed between parents and coaches.**
- j. **Follow the 24 hour rule. Should you have additional concerns after explanation is provided by the coach to the athlete, wait 24 hours before emailing with your concern.**
- k. If you have any information about behavior or academic issues please communicate that with your coach.

**7. Other notes:**

- a. **SUCCESS can only be achieved through "alignment"**
  - i. 3 elements (players, parents, coaches) aligned for the entire season
  - ii. Every player, parent and coach understand the meaning of **TEAM**
  - iii. Every player, parent and coach dedicated and committed to the **TEAM**
  - iv. Every player, parent and coach sacrifice for the good of the **TEAM**
- b. **Communication: All team communication will be through the BAND APP.**  
Schedules, notices, training material, documents, EVERYTHING will be in the BAND APP. Please reference that for all information. It can be accessed by both your phone and a computer. Notifications can be set up to go directly to your phone via text message or email (your preference.)
- c. **Transportation:** transportation will not be provided by Oasis High School to/from practice, although transportation will be provided by Oasis High School for all away games. It is the responsibility of each student-athlete to get to and from practice on time daily. (Please be sure transportation waiver is fully completed (including parent and player signatures) and on file with Oasis High School prior to 8 Nov 2019.)

8. **Supervision:** Players are to be, and will be supervised at all times. They may not stay and "hangout" after practices.

9. **Social media:** Be smart!! Be careful of what you post, or what someone else posts of you.

10. **School behavior / discipline:** Expectations are that all Oasis High School Shark Athletes have a "Lead and Succeed" attitude to which there should be no behavioral or discipline issues/concerns. Should such issues/concerns arise, it will be handled on a case by case basis

**11. Fundraising:**

- a. Should a student-athlete be a part of the 2020 Oasis High School Cheerleading program, expectations are they take part in any fundraising opportunities presented to them for one year from the date they were selected for the program.
- b. Sell a banner.....please!! Banner form included – Banner sales can go towards your team wear.

- c. Fundraising is mandatory – The team needs mats, mat Velcro, tumbling safety equipment and other equipment items, plus camp, off site training facility funds and team music.

## **12. TEAMWEAR**

- a. **Uniform:** Players are responsible for turning in their uniforms and team poms **after every game**. You will be picking up your uniform prior to the game and turning it in at the end of the game. Make sure you bring your cheer shoes, socks, shorts and bow with you on game day. If you are missing a uniform item, you will not be allowed to participate in any performances during that game.
- b. **Player Package:**
  - i. Each student-athlete will be responsible for player package payment.
  - ii. Package items and cost to be determined, but players to receive (not limited to) practice/game bows, practice/game t-shirts, practice shorts as well as team warmup jackets.
  - iii. They will be available to purchase through the team store.
- c. **Team Store:**
  - i. A team store will be provided should student-athlete and/or parent(s) like to purchase Oasis High School Cheer items.
  - ii. The Athletes required uniform/campwear/practice wear items including cheer shoes will be on the team site.
  - iii. Information will be communicated when team shop opens

**Contact me via email for questions:**

Coach Debra Downey-Chenard

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