

2018 OHS Volleyball Camp

Boys and Girls Camp

This camp is for returning varsity players and girls planning to tryout for junior varsity and varsity volleyball in the fall and for Girls and Boys for middle school.

In addition to skill training, special emphasis will be placed on offensive and defensive systems.

Highly suggested for girls intending to tryout for a middle school and high school team.

Players should expect to have fun while developing volleyball skills, regardless of experience. Individual and team concepts will be stressed and developed by the OHS coaching staff.

Skills will range from general to advanced, including basic volleyball techniques (serving, passing, setting, attacking, blocking), conditioning, agility drills, offensive play, defensive play, and team concepts.



Participants need to bring water, kneepads, and appropriate volleyball attire for competition. All camps include a free T-shirt. Please fill out a registration form for each athlete. Please email

Coch Mani if you have any questions.

coachmani2014@gmail.com

CAMP LOCATION

The camp will be held in the Shark Tank gym on the Oasis High School campus.

VOLLEYBALL Boys and Girls Team Camp

June 4 - 8

All Ages

3:00 PM to 6:00 PM

\$110 by May 25 / \$125 after



Coaching Staff

The camp will be directed by
Coach Mani (Manuel Llanaeza)

Assistant
Arnae Molin

Questions:
239-281-7802

coachmani2014@gmail.com



CUT OFF PORTION TO TURN IN

Mail or give completed applications and payment to:
Oasis High School
3519 Oasis Boulevard
Cape Coral, Florida 33914

All checks should be made out to

OASIS HIGH SCHOOL.

Please add **VOLLEYBALL CAMP** in the memo.

WAIVER

(Must be completed by parent or legal guardian)

In the event that my child is injured or becomes ill while attending the 2018 Shark Volleyball Camp, I give my permission for the staff to seek medical attention if deemed necessary under the existing conditions. I release Oasis High School and the coaching staff from any claims from injuries sustained during the camp. I also certify that my child is in good physical health and that he/she will notify staff members of any conditions that may impair his/her ability to participate in all camp activities.

Parent's name: _____

Parent's signature: _____

Emergency Contact Number: _____

CAMP APPLICATION

Circle T-shirt size: YL S M L XL

(Please Print)

Camper's name: _____

Age: _____ Fall 2015 Grade: _____

Current School: _____

Address: _____

City: _____ Zip: _____

Phone: _____ (H) _____ (W)